

SERVANT CAMP at Pine Ridge Indian Reservation Retreat Center Site

Information for Campers and Parents - 2010



Servant Camp

Servant Camp takes much preparation both for the people in your youth group as well as those organizing the project and activities on the Reservation sites. Our goal with the Servant Camp is for your group to have the opportunity to meet with residents of the Pine Ridge Indian Reservation and learn of their history, culture and spirituality. We will do some work projects on the reservation, have opportunities to visit with local residents, see historical sites, and take time to discuss what we have learned.

A manual including much more detailed information and directions will be sent to your youth leaders to help the group prepare for this experience.

Arrival Time: Arrival is between 4:30 and 5:00 p.m. (Mountain Daylight Time) on Sunday at the Pine Ridge Retreat Center.

Departure Time: is after breakfast and closing worship on Friday. You will leave from Pine Ridge.

Insurance Information - Lutherans Outdoors carries a minimal insurance policy for accidents and illness incurred at camp. Our policy assumes the camper's insurance will be the primary coverage. If we must take someone to the doctor for treatment, the clinic will first file a claim with the camper's insurance. If there is no insurance, or if the camper's policy will not pay for this accident or illness, our insurance will cover the costs up to \$2,000 for an accident and \$200 for an illness. Personal property is not covered by camp insurance and any claims for loss or theft will need to be submitted to your personal homeowner's/renter's insurance.

Life at Camp

Housing: You will be staying at the Pine Ridge Retreat Center. This center has bunk rooms, modern bathrooms and a modern kitchen.

Meals: Meals are prepared by the campers and staff. NOTE: Your group is responsible for buying groceries for most meals.

Schedule/Staff: The schedule is listed in the Servant Camp manual that is sent to group leaders. It will be flexible to give your group the best experience possible. Lutherans Outdoors will provide three Servant Camp staff - two of our camp staff plus one staff person from the Pine Ridge Retreat Center.

Health Forms: All campers receive a health form. Please complete this form, and remember to bring it with you to camp.

Offering: Each week we take an offering at camp. This year the offerings will go toward the Lutherans Outdoors Campership Fund, to ensure that truly everyone is able to attend camp.

The Servant Camps on Pine Ridge are an outdoor ministry of Lutherans Outdoors in South Dakota, planned and run by the staff of Atlantic Mountain Ranch, Custer, South Dakota.

The Packing List

- ___ Sleeping bag & pillow
- ___ Work boots
- ___ Sneakers
- ___ 2 pair of shorts
- ___ 1-2 pair long pants (*work pants or jeans*)
- ___ 4 t-shirts (*no tank tops-chance of sunburn*)
- ___ 4-5 pairs of socks
- ___ Underwear
- ___ Flannel shirt or warm shirt for nights
- ___ Jacket/fleece/sweatshirt
- ___ Gloves for working (*leather/tough*)
- ___ Towel/washcloth
- ___ Personal Toiletries
- ___ Sunscreen, lip balm, insect repellent
- ___ Rain gear (*coat or poncho*)
- ___ Bible
- ___ Notebook, pen, paper
- ___ Flashlight
- ___ Cap, hat or bandanas (*for sun protection*)
- ___ Medications (*please send prescriptions in the original bottle with the doctor's directions on the label*)
- ___ Water bottle
- ___ Money for events (*\$20-\$40 for pow wows, art work, native crafts/ camp t-shirt*)
- ___ Clothes for van trip home
- ___ Your health form

Optional items to bring: hackysack, frisbee, cards, book, camera, daypack for daily trips.

Please label your personal belongings - It really helps to identify items in the lost and found and get them returned to you.

DO NOT bring junk food, electronic devices (i.e., MP3 players, iPods), cell phones, lots of toiletries, clothing with inappropriate slogans or logos, knives, fireworks, weapons, pets, illegal substances (alcohol, drugs, tobacco products), or other unnecessary or dangerous items.

**Be sure to bring your
Health Form
with you to camp!**

Other Information

Payment of Fees/Refund Policy:

A \$100 /person deposit is due with registration. Fees are to be paid two full weeks in advance. A billing statement will be sent to your youth group.

Payments should be sent to:

Lutherans Outdoors in South Dakota
2001 S Summit Ave
Sioux Falls, SD 57197

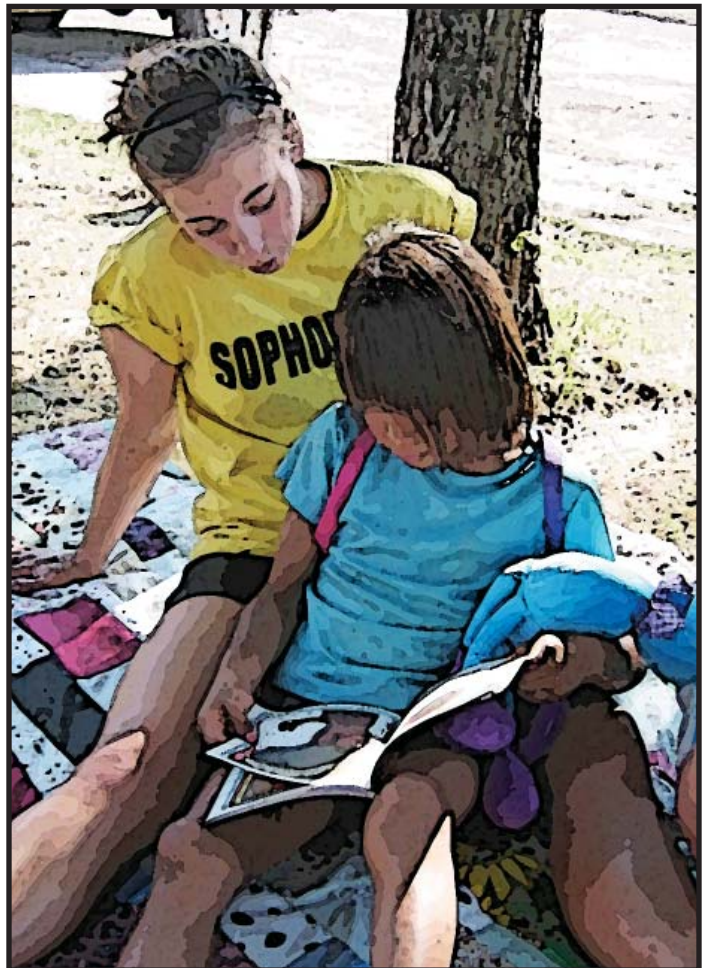
If you have further questions regarding registration, please call Cheryl Lundeen at 800-888-1464. For questions about the program or facilities, call Mary Stutz at 605-673-4040.

In case of emergency during your camp week call:
605-867-5262, the Pine Ridge Retreat Center.

The Servant Camp Program Staff is based at this address:

Pine Ridge Retreat Center
Box 862
Pine Ridge, SD 57770
605-867-5262 (summer only)

AMR Phone: 605-673-3017 or 673-3435 (summer only)





How to prepare you and your child for camp

Giving your child to the care of other people is perhaps the greatest act of trust you as a parent can give. We aim to do everything we can to earn and keep that trust; and, we know we cannot do this without your help. We want to partner with you to ensure your child/children will have the safest, most fun and faith-filled experience possible while at camp. Following are a few suggestions as you prepare your child for their week at camp:

- Talk about camp before you go. Ask questions together and discuss what camp might be like and what they might expect. Let them know what you will be doing when they are away. Help your child focus on making new friends and on being involved in camp activities.
- If your child has any special health, food allergies, or sleep related concerns, please share those with the camp staff so they can prepare for your child's arrival.
- Send a letter to your child before camp begins so a message from home will be awaiting his/her arrival. Ask specific questions about what they are doing and encourage them to write back. Send self-addressed stamped envelopes or postcards with your child so they can write home. While campers do not have the ability to use email while at camp, if you send an email to camp we will make sure and give it to your child when we hand out mail.
- For safety sake, we have a **“no cell phone” policy at camp**. Cell phones can be lost, stolen or used inappropriately with photos or calls to outsiders who could potentially put campers at risk. Regular use of cell phones/texting also tends to slow the formation of community and takes away from the learning and growth of being in an outdoor setting. For these reasons we ask you to **please leave cell phones at home**.
- Be prepared to talk about camp with your child upon their return home. This is important. The act of “processing” your child's experience helps them not only share with you what they did; it also serves to involve parents in the experience and helps the child reflect on how they have grown.
- If this is your child's first time away from family for an extended period of time and you feel they may become homesick, speak openly on the topic before your child leaves camp.
- Try brainstorming some positive coping strategies like talking to their camp counselor, writing letters, or drawing pictures of what they did that day. It is not always helpful to simply tell your child that you will come and get them (even phone calls prevent this opportunity for success). Overcoming homesickness can be a great achievement for your child. Rest assured, should your child get homesick while at camp—and we feel it would be helpful—we will contact you by phone. If this happens, please use this as an opportunity to build up your child and help them face this new experience.

Going away to camp is a wonderful growth experience for both campers and parents. Please let us know how we at camp can help YOUR child have the best week possible. **And here is the best tip yet...** pray for YOUR child while they are away at camp... and everyday for the rest of their lives!