

SunCatcher Servant Camp at Atlantic Mountain Ranch

Information for Campers and Parents 2012



SunCatcher Servant Camp

Atlantic Mountain Ranch (AMR) is partnering with SunCatcher Therapeutic Riding Academy to offer a unique servant camp opportunity in the Black Hills. Your youth group will work with a group of Black Hills youth who are mentally or physically challenged, and are learning to ride horses. Under the training and supervision of SunCatcher staff, you will learn to lead horses, assist riders with mounting and balance, and celebrate the freedom and joy that riding can offer young persons with varying abilities. No horse experience is necessary - we will train you. Also spend time doing your own trail ride, hiking, in Bible study and worship, cooking over a fire, and enjoying the relationships that form in a camp community. Program designed for up to 20 campers plus adults.

Arrival Time: Registration is between 3:00 and 4:30 p.m. (Mountain Daylight Time) on Sunday at Atlantic Mountain Ranch..

Departure Time: by 10:00 a.m. on Friday.

Insurance Info –

Lutherans Outdoors does not carry any health insurance for campers. If we must take someone to the doctor for treatment, the camper is responsible for all costs. Personal property is not covered by camp insurance and any claims for loss or theft will need to be submitted to your personal homeowner's/renter's insurance company.

Life at Camp

Atlantic Mountain Ranch is located in the southern Black Hills just northwest of Custer. Your group leader has directions to camp.

Housing: Campers will live in simple bunkhouses with no electricity, and an outhouse nearby. A modern dining hall and shower house are located a short distance away.

Meals: Wholesome and well balanced meals are prepared by the camp staff with help from the campers. We often cook over a fire and eat outdoors. If you have any special dietary needs, please notify us ahead of time.

Schedule/Staff: We will spend Sunday evening in group building and orientation for the upcoming week. A large portion of each day Monday through Thursday will be spent going to serve at the SunCatcher facility in Rapid City. The rest of the day will be spent in Bible study and discussion, recreation, mealtime chores, worship and singing, with some time for relaxation and getting to know each other better. Two Atlantic Mountain Ranch staff will be with your group at all times.

Offering: Each week we take an offering at camp. Financial gifts will go to the **Lutherans Outdoors Campership Fund**. We will also be collecting canned goods for the Custer Food Pantry, especially canned beans, tuna fish, peanut butter, and tomatoes.

Payment of Fees/Refund Policy: Fees are to be paid two full weeks in advance. A billing statement will be sent to your youth group. Please notify us immediately if you cannot attend. The \$100 deposit per person is not refundable, but is transferrable to another camper going from your church group. Do not bring payments to camp.

The Packing List

(Bring camping clothes for warm days and cool nights)

- Sleeping bag (good for 30-40 degrees)
- Pillow
- Work boots/sturdy shoes to wear around horses
- 2nd pair of shoes (for relaxing at campsite)
- 2 pair of shorts
- 2 pair long pants (work pants or jeans)
- 4 t-shirts (no tank tops-*chance of sunburn*)
- 5-6 pairs of socks (thin & heavy)
- Underwear
- 1 lightweight long sleeve work shirt
- Warm jacket or sweatshirt
- Wool sweater or polar fleece layer
- Towel/washcloth
- Rain gear (coat & pants)
- Gloves/knit hat for warmth
- Bible
- Notebook, pen
- Flashlight (with extra batteries)
- Toiletries
- Sun screen, lip balm, insect repellent
- Cap, hat or bandanas (for sun protection)
- Medications (please send prescriptions in the original bottle with the doctor's directions on the label)
- Water bottle (20 oz to liter size) - optional
- Backpack (school book bag size)
- Clothes for your van trip home
- Optional items (sunglasses, camera, deck of cards, hacky sack, your favorite work gloves)
- Your health form**

Personal belongings should be labeled to help identify items in the lost and found and get them returned to you.

DO NOT bring cell phones, junk food, electronic devices

(i.e., MP3 players, iPods), tons of toiletries, clothing with inappropriate slogans or logos, knives, fireworks, weapons, pets, illegal substances (alcohol, drugs, cigarettes), or other unnecessary or dangerous items.

Canteen: You may purchase sweatshirts, T-shirts, snacks, etc. Clothing prices range from \$12 - \$40.

Cell phones: We ask campers not to have cell phones during the camp week, as this detracts from the focus on serving and building relationships with the group. You may be asked to turn your cell phone in to your adult leader for the camp week.

Questions? For questions regarding registration, please call Cheryl Lundeen at 800-888-1464. For questions about the program or facilities, call Mary Stutz at 605-673-4040 (winter) or 605-673-3017 or 673-3435 (summer).

Thoughts Before Camping in the Black Hills

Weather: Elevations range from 5,000-7,000 feet. In summer, one may encounter frost, rain, hail, and snow as well as 85-90 degree days. Bring clothing that can be layered for varying conditions. At camp, staying dry is important. Rain gear is a must.

Footwear: Make sure you have good sturdy shoes or boots, not athletic shoes, to be around the horses. This does not necessarily mean buying a new pair of boots. Make sure boots, whether new or used, are well-broken-in to your feet. This will help prevent blisters. Make sure you have good, heavy socks to wear with your boots.

Sleeping: It may get down close to freezing at night, so a warm sleeping bag is important. You will be sleeping in unheated cabins on bunk beds with mattresses.

Gloves: The camp will provide work gloves, but if you have a favorite pair, bring them along.

The Servant Camp Address:

**Atlantic Mountain Ranch
11760 Custer Limestone Rd
Custer SD 57730**

Phone:

**605-673-3017 or 605-673-3435 (summer only)
or Outlaw Ranch 605-673-4040 (year-round)**

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Be sure to bring your Health Form with you to Camp!